



x4

## MIXED UNDER 8 INTRODUCTORY

**GROUND SIZE**  
80m x 60m



### ZONES

9-A-SIDE

### SCORING

No scores, ladders or finals

### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

### BOUNCING THE BALL

1 max

### KICKING OFF GROUND

Not permitted unless accidental

### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

### MARKING

Any distance, reasonable attempt

### PENALTIES

No distance penalty applies. Players can be ordered off at the umpire's discretion.

**FIELD UMPIRES**  
Club/Coach (1)

**BOUNDARY UMPIRES**

**GOAL UMPIRES**  
Club (2)

**COACHES**  
On field



x4

## GIRLS UNDER 9 DEVELOPMENT

**GROUND SIZE**  
80m x 60m



### ZONES

9-A-SIDE

### SCORING

No scores, ladders or finals

### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

### MODIFIED TACKLING

### BOUNCING THE BALL

1 max

### KICKING OFF GROUND

Not permitted unless accidental

### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

### MARKING

Any distance, shows control

### PENALTIES

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion.

**FIELD UMPIRES**  
Club (1)

**BOUNDARY UMPIRES**

**GOAL UMPIRES**  
Club (2)

**COACHES**  
On field



x4

## MIXED UNDER 9 & 10 DEVELOPMENT

**GROUND SIZE**  
100m x 80m



### ZONES

Under 9

### Under 10\*

\*starting positions only; reset to starting zone after score

### 12-A-SIDE

### SCORING

No scores, ladders or finals

### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

### MODIFIED TACKLING

### BOUNCING THE BALL

1 max

### KICKING OFF GROUND

Not permitted unless accidental

### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

### MARKING

Any distance, shows control

### PENALTIES

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion.

**FIELD UMPIRES**  
Club (1)

**BOUNDARY UMPIRES**

**GOAL UMPIRES**  
Club (2)

**COACHES**  
On field



x4

## GIRLS UNDER 11 DEVELOPMENT

**GROUND SIZE**  
100m x 80m



### ZONES

12-A-SIDE

### SCORING

Scoring permitted. No ladders or finals permitted.

### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball

**NO DELIBERATE OUT OF BOUNDS**

**NO DELIBERATE RUSHED BEHINDS**

### BOUNCING THE BALL

1 max

### KICKING OFF GROUND

Not permitted unless accidental

### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

### MARKING

10m, direct catch

### PENALTIES

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion.

**FIELD UMPIRES**  
Club (1)

**BOUNDARY UMPIRES**

**GOAL UMPIRES**  
Club (2)

**COACHES**  
Sideline



x4

## MIXED UNDER 11 COMPETITION

**GROUND SIZE**  
130m x 90m



### ZONES

15-A-SIDE

### SCORING

Scoring permitted. No ladders or finals permitted.

### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball

**NO DELIBERATE OUT OF BOUNDS**

**NO DELIBERATE RUSHED BEHINDS**

### BOUNCING THE BALL

2 max

### KICKING OFF GROUND

Not permitted unless accidental

### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

### MARKING

10m, direct catch

### PENALTIES

25m penalty applied at the umpires discretion. Players can be ordered off at umpires discretion.

**FIELD UMPIRES**  
Association (1)

**BOUNDARY UMPIRES**

**GOAL UMPIRES**  
Club (2)

**COACHES**  
Sideline